**INFORMATION**

**Join WhatsApp NOM2026 info for team leaders:**

# Short Course Nordic Invitational Masters Championships

November 20 – 21 2026 Raisio (Turku), Finland

## Swimming Centre Ulpukka, Eeronkuja 5, Raisio

| **SCHEDULE** | | Meet office opening time | Warm-up in competition pool | Session start |
|---|---|---|---|---|
| Friday, Nov 20 | Session 1 | 15:00 | 15:30 – 16:45 | 17:00 |
| Saturday, Nov 21 | Session 2 | 7:30 | 8:00 – 9:15 | 9:30 |
| Saturday, Nov 21 | Session 3 | 14:00 | 14:30 – 15:45 | 16:00 |

The warm-up pool that is available at all times during the competition.

**Meet office / registration desk** is situated on the second floor of the Swimming Centre. Accreditation cards and wristbands for lockers must be collected before the competition, preferably by the club representative from meet office in the Ulpukka Swimming Centre. Fine for a lost wristband is 20 €. Meet office opens half an hour before each session and is closed half an hour after the last event of the session is finished.

**Withdrawals** must be made in Swimify Coach application, by email (kilpailut@uintiturku.fi), or to the meet office in writing. The withdrawal deadline is 60 min before the session where the event occurs.

**Relays:** If there are changes in team composition, the final team members' names and time for the team must be given at latest 60 min before the session, where the event occurs, either in Swimify Coach application, email (kilpailut@uintiturku) or to the meet office in writing.

**Dressing rooms** are situated on the first floor of the Swimming Centre. In men's dressing rooms lockers are closed with wristbands while in women's dressing rooms lockers are closed with keys. Lockers must be emptied after each session!

**Start lists and results** are published in Swimify LiveTiming (live.swimify.com) and posted near the call room (start lists) and to a designated place in the Swimming Centre (results).

**Calling:** Three heats calling system is used; two heats in the warm-up pool region near the glass wall, the final calling at the competition pool. Please, be at the first calling 10 minutes before your start. Swimmers are led to the pool by the window side.

**Starts:** Swimmers must remain in the pool until the next heat has entered the pool. While leaving the pool area, you must use the side of the pool under the spectator area.

**Baskets for clothing** will be transferred to two the warm-up pool area on the bench at the window-side wall.

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**Awards:** Nordic Championships medals are awarded to first, second and third placing swimmers in each age group and discipline. In team events, medals are only for first place. Medals can be collected from the meet office after results are official.

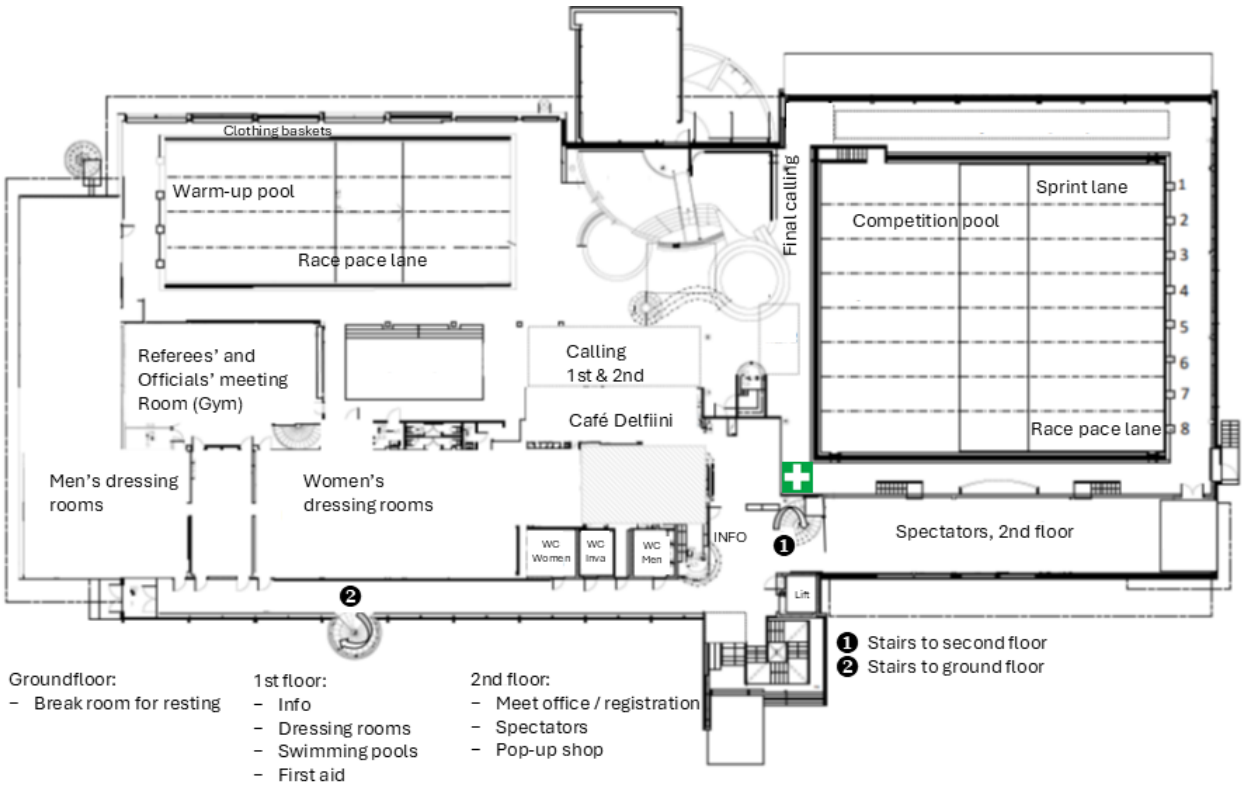
**First aid** point is situated by the pool (see map below)

**A break room** for resting is available on the ground floor of the Swimming Centre.

**Café Delfiini** is open during the competition and serves dinner (fri) and lunch (sat) as well as a variety of snacks.

**Farewell party** is organized in the restaurant Hansasali (Puutarhakatu 45, Turku). Doors open at 20:00. Tickets, if still available, may be purchased from the meet office (á 54 €) or in advance by contacting seurakoordinaattori@uintiturku.fi

**Harrasment contact person** can be reached via meet office.




**How to reach Ulpukka Swimming Centre?**

- If you drive there yourself, there is a free parking lot by the Swimming Centre and more parking space nearby (check here). Raseko parking lots are fee after fiday, 17 o'clock.
- From Original Sokos Hotel Kupittaa, you can reach Ulpukka by local bus line number 10A from bus stop "Kompassisairaala A3" to bus stop "Ulpukka".
- From the center of Turku, there is a local bus line 220 from the market square bus stop A9 to bus stop "Ulpukka".
- Also bus lines 3A, 6 and 6A drive from the center of Turku to Raisio, but they don't go by the Swimming Centre. More details and options are available here.
- If you want to use taxi, the cost would be around 40 € from Turku.